



#### iDuathlon 10/04/2011

#### Duo's

Rang	Nr	Name	Cat	Gemeente	Loop1	PL1	Fiets	PF	Loop2	PL2	Totaal
1	206	GRULOOS Nico	H24	Oudenaarde	22:37	13	54:36	12	10:32	2	1:28:37.5
2	219	VAN HAVERBEKE Charles	HU23	Ieper	21:33	8	1:00:09	39	9:41	1	1:32:18.3
3	202	COULIER Theis	H24	Gent	26:17	64	56:16	22	11:53	12	1:35:31.6
4	211	LIERMAN Peter	H50	Knokke	24:44	37	58:54	37	11:22	6	1:36:15.5
5	222	VERBEKE Tim	H24	Sint-Laureins	26:08	63	58:31	35	11:32	9	1:37:08.9
6	217	VAN DEN DONK Jan	H50	Brugge	28:31	107	55:42	18	13:41	41	1:38:59.4
7	201	BAEKELANDT Wim	H40	Zeebrugge	31:17	158	55:06	14	16:38	129	1:44:09.8
8	205	DIERENS Marianne	D40	KNOKKE-HEIST	26:44	79	1:05:34	81	14:59	83	1:48:16.4
9	214	RYELANDT Bryan	H18	knokke	35:55	190	53:24	7	17:54	155	1:48:27.7
10	203	DE GROOTE Luc	H40	Knokke-Heist	29:39	131		0	16:35	127	1:49:03.9
11	223	VERMASSEN Pieter	H24	Moorsel	30:51	150	1:06:04	84	14:10	56	1:52:11.0
12	209	LANNOY Kaat	D24	knokke	33:54	180	1:01:19	45	17:47	154	1:54:17.8
13	208	LAMBERT Quincy	H24	knokke-heist	33:46	179	1:03:28	64	16:28	120	1:54:48.8
14	207	KREPS Paul	H50	Knokke-Heist	35:03	187	1:03:22	61	16:31	122	1:56:01.3
15	210	LEMEIRE Jos	H50	Erpe-Mere	29:24	126	1:10:03	116	16:02	112	1:56:37.5
16	216	TIEBOUT Fabienne	H40	Knokke-Heist	31:16	156	1:08:46	103	16:36	128	1:57:39.5
17	215	STEINGUELDOIR Philippe	H50	Knokke	32:08	164	1:10:10	117	16:25	119	1:59:58.8
18	212	NEIRINCKX Marleen	D40	Knokke-Heist	35:23	188	1:06:39	89	17:10	135	2:00:29.7
19	224	VERVOORT Nadege	D24	Strombeek Bever	29:24	127	1:17:20	141	14:31	68	2:02:23.9
20	213	ROSEEUW Isolde	D24	Knokke	27:59	101	1:17:49	143	15:57	111	2:02:47.3
21	221	VAN HYFTE Lisa	D24	Heist-aan-Zee	33:05	169	1:11:31	125	17:32	149	2:03:24.5
22	218	VAN DEN KERCKHOVE P	D24	Kapellen	23:57	23	1:26:46	154	14:24	63	2:06:48.5
23	204	DELEDICQUE Jolien	DU23	Brugge	34:47	184	1:31:59	158	25:04	181	2:34:44.6